Veganism, the key to enlightenment



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On 10 November 2017, I had a dream of sand carvings of sharks on the beach, one within another.

A sand carving is a human creation. A creation represents the creativity of its creator, just like mankind and the rest of creation represent the creativity of God. Mankind was created in God's image as His ultimate creation on planet earth. Mankind was created higher than any animal and given power to rule and reign over all the animals on earth. The Bible tells us that when God created the animals, he was pleased and when He created mankind He was very pleased. Humans can be distinguished from other animals by their exceptional creativity and godlikeness.

Just like sand carvings, one within another, God created us just the way He intended for us to be. Whether we are beautiful or not so beautiful, whether we are Black or White, Coloured or Indian, male or female or both genders in one body, God created us. Whether we are disabled or able-bodied, we were still created by God, just like the sand carvings of the sharks were created by the artist, one within another.

Then God said, "And now we will make human beings; they will be like us and resemble us. They will have power over the fish, the birds and all animals, domestic and wild, large and small."

So God created human beings, making them to be like himself. He created them male and female, blessed them and said, "Have many children so that your descendants will live all over the earth and bring it under their control. I am putting you in charge of the fish, the birds, and all the wild animals."

(Genesis 1:26-28 GNT).

A sand carving of a shark can be large or small, beautiful or not so beautiful, but it remains lifeless. Every sand carving is unique and represents the creativity of the artists who created it. In the same way mankind and all of creation represents the creativity of God the Creator. Mankind can make God look good or bad or non-existent, but God remains good. He is not an angry tyrant waiting to punish us for every mistake we make.

"Now the message that we have heard from his Son and announce is this: God is light and there is no darkness at all in him." (1 John 1:5 GNT).

Jesus Christ of Nazareth was the only human being in recorded history that represented God as He truly is. We are all responsible for our own karma, as we sow we shall also reap (Galatians 6:7&8 and 2 Corinthians 9:6). God cannot be held responsible for our good fortune or misfortune. We are personally responsible for what happens in our lives, due to the choices we make. The Bible is an inspired book which assists humanity to make Godly choices and to live victorious lives. The whole Bible was written by humans under inspiration of the **HOLY SPIRIT** and is helpful in teaching mankind (2 Timothy 3:16).

God created mankind in His image, like little gods (Psalm 82:6) to be like Him and to create all kinds of things, big and small. He also created us to recreate, multiply and fill the earth. He created us to rule and reign over all the animal kingdom (Genesis 1:26-28). God placed a life force within our mortal bodies. This life force is the human spirit which lives within the mortal body. The mortal body was created from the soil of the earth, just like the sand carvings of

the sharks on the beach. Without the spirit the body is just a lifeless material object that will decay and return to dust where it originated from. We are spirits that originate from the Spirit of God and when the body dies, we return to God who is our source.

At conception, the spirit and the soul come to live within the mother's womb when the male sperm fertilizes the female egg, and a new life starts. The soul is the will, the intellect and the emotion. A human being is a triune entity with a body, soul and spirit. Unlike human beings, animals and plants are not intellectual, but nevertheless are also living creatures. All life on earth is dependent on water and sunlight. Even mushrooms are indirectly dependent on sunlight because it requires plant material to live on. Human beings, by design are herbivores and do not need to consume other animals or food which is derived from animals in order to survive.

"I have provided all kinds of grain and all kinds of fruit for you to eat; but for all the wild animals and for all the birds I have provided grass and leafy plants for food" – and it was done. God looked at everything he had made, and he was very pleased. Evening passed and morning came – that was the sixth day. (Genesis 1:29-31 GNT).

As humans, just like all the other animals, we are dependent on plants to survive. As highly evolved and merciful beings, do we really need to take the life of innocent animals, or be directly or indirectly involved in animal cruelty to sustain ourselves?

The sixth commandment reads as follows: **"Thou shalt not kill**." (Exodus 20:13 KJV).

Does it make us any more civilised to buy our meat, eggs and dairy products at the supermarket, than the people working on factory farms who feed, abuse and slaughter the animals?

#### Milk does not originate from a bottle.

The milk we buy in the supermarket comes from cows on factory farms, who are treated as milk machines. The cows are artificially inseminated to reproduce frequently and when the young are born, they are taken away from their mothers. Males are kept alive for 8 weeks and then slaughtered for veal. Female calves are raised with the same fate as their mothers.

#### "What's wrong with eating eggs?" you may ask.

Hens are bred to produce egg laying chickens. The baby chickens are sorted by sex with the males separated from the females. Since the males are useless for the egg industry, they are suffocated or ground up alive and used for cheap meat. The females are debeaked with hot irons and made to produce eggs until they are no longer profitable.

The best Vegan Films to watch are "What is Veganism?" "Earthlings", "Forks over Knives" and "Cowspiracy" and the most important Vegan Speech you can watch is the one by Gary Yourofsky. Most of these are available on You Tube.

Veganism is not about being perfect, it is not about being superior. It is about looking beyond ourselves, thinking about how our choices affect others and choosing to live as compassionately as we can. It's about doing the right thing in a world where apathy and injustice is the norm. Veganism is not a diet; it is not a religion, it is a lifestyle and it is easy.

### The definition of Veganism:

Veganism is a philosophy and way of living which seeks to exclude, as far as possible and practicable, all forms of exploitation of and cruelty to animals for food, clothing or any other purpose, which by extension promotes the development and use of animal-free alternatives for the benefit of humans, other animals and the environment. In dietary terms it denotes the practice of dispensing with all products derived wholly or partly from animals.

If you are told the lie enough times, it becomes part of your reality. If enough people are taught that lie, it now becomes part of the culture. If that culture then passes that misinformation along to the next generation, it now becomes tradition. We have to remember just because we have a tradition; it does not mean that it is morally acceptable.

The difference between someone that finds Veganism easy and someone that finds Veganism hard is: The person who finds it easy is thinking about the victim. The person who finds it hard is thinking about himself. Jesus said: "Do unto others as you would have them do unto you."

Animals should not be treated as inanimate objects – just like human beings, they are living creatures with real emotions such as love, anger, fear and joy and they actually feel physical pain. They also have limited intellects and they have a will. Having a will, intellect and emotion, means having a soul.

Should we kill, mistreat and abuse animals, or support an industry that are guilty of such, just because they are of a lesser evolved species than humans?

I think not.

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